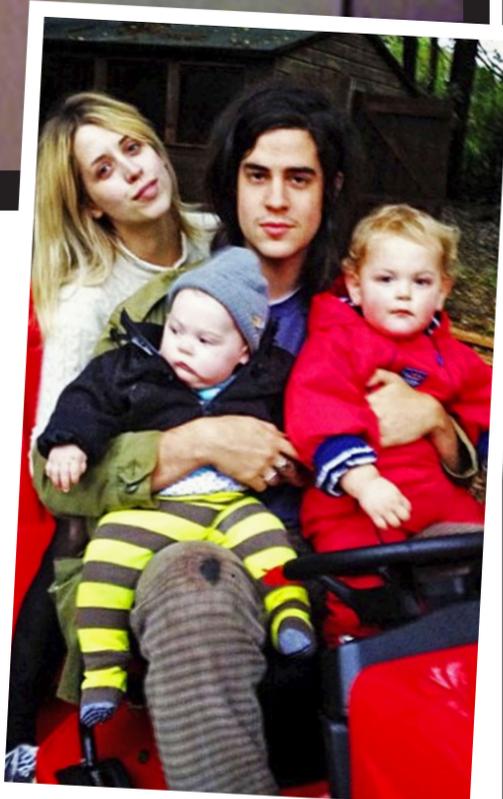




Frail: Peaches in February and (below) with husband Tom and sons Phaedra, left, and Astala

ife'

was still in touch with a few of Paula's old friends and I think that they helped to create an idealised picture of Paula in Peaches' mind. 'And it was very hard for Peaches to try to live up to the image of Paula, whom she was constantly told was so beautiful, talented and successful. 'She was always told how alike they were, but Peaches knew she couldn't compete. Peaches created this fantasy world about how her childhood with Paula was so idyllic, but I was there and it wasn't. 'Because Paula was a drug addict, a lot of Peaches' early life was traumatic. It was not pleasant. But she was very like Paula in that they were both fantasists to some extent.' Very sadly for the troubled Peaches, the fairytale world she attempted to construct for herself was, in the end, not enough to keep the demons of her past away.



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The 800km cycle to raise €25,000 for Team Galen

TEAM Galen Challenge will begin cycling the length of Ireland today to raise money for Irish Daily Mail journalist Galen English who was left paralysed from his chest down following a horrific cycling accident last year.

Galen English's family and friends will start the 800km cycle in Mizen Head, Co. Cork, heading north then for four hard days of cycling before arriving at Malin Head in Co. Donegal.

The team are urging the public to donate just one cent per kilometre to help their campaign. Event organiser Will Golby told the Mail that the cyclists are hoping to raise €25,000.

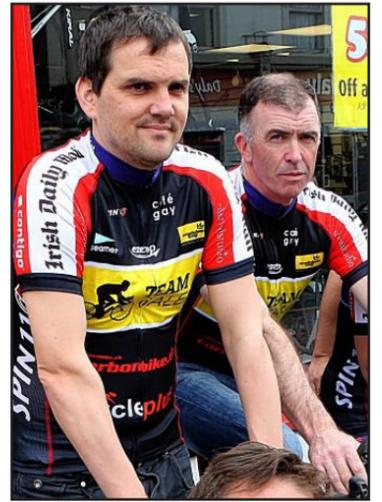
'While training last autumn for an Ironman triathlon Galen basically damaged his spinal cord, and he is now paralysed from the

By Eamon Donoghue

chest down,' Mr Golby said. Mr English, whose wife Michelle just had their fourth child during the week, now needs advanced adaptations to the family home in Greystones, Co. Wicklow.

'We're looking to get him and his family back in their house as soon as possible, so we're looking to fit in access ramps and so on,' Mr Golby said. 'We're also looking to get him back competitively cycling as soon as possible, so we're looking to raise money for a hand bike.'

Among the 11 cyclists taking part today is Mr English's brother Daniel, who before training declared 'he had barely ridden a bike before'. To donate go to www.teamgalen.com.



Training: Daniel English, left

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